

Randazzo Warm-up

Warm-up and Daily Routine

Jonathan Randazzo

LONG TONES & AIR ATTACKS

Play slowly. Tongue first note, but air attack the rest. Strive for best possible sound. Perform with varying dynamics on halfnote.

1. 

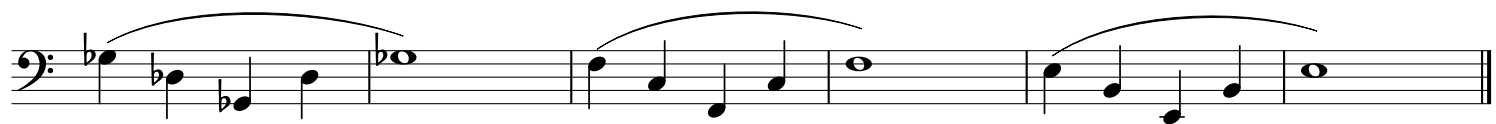
BASIC LIP SLURS

To be practiced slowly, focusing on evenness of sound and smooth transitions between notes.

2. 



3. 



ALESSI LIP SLURS

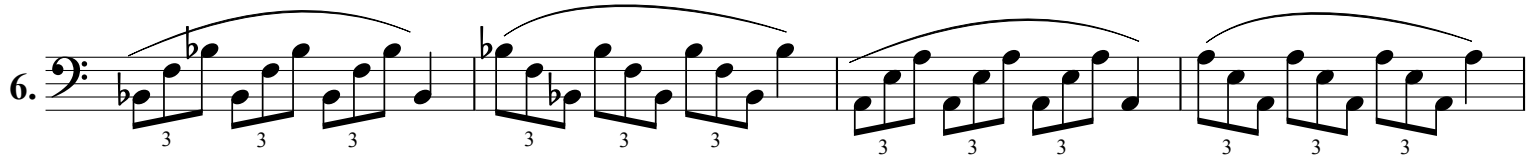
Practice slowly at first. Play only as fast as you can, cleanly.

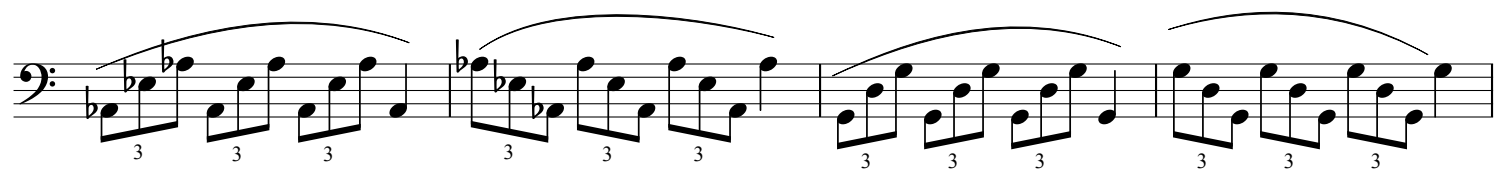
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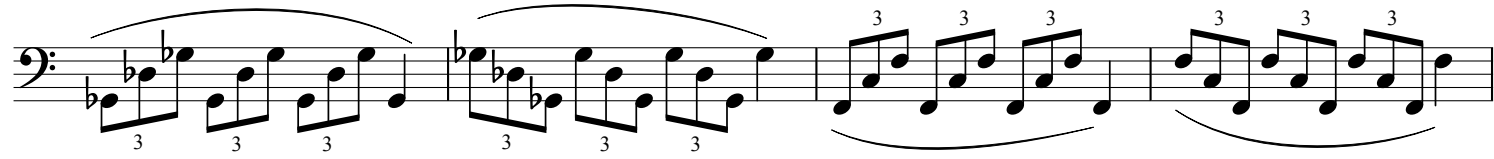
Continue to all 7 positions.

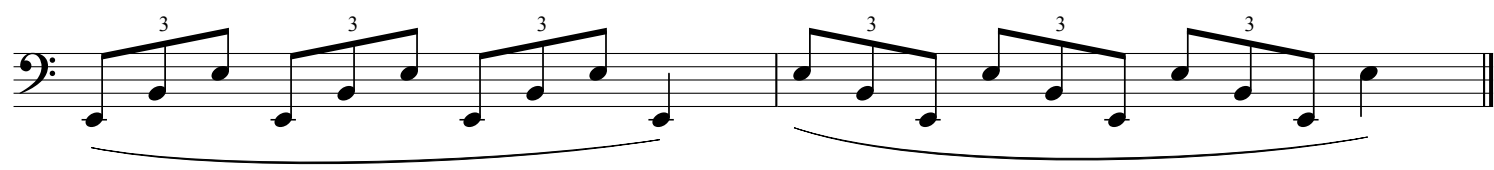
ALESSI LIP SLURS (continued)

5.  Continue to all 7 positions.

6. 



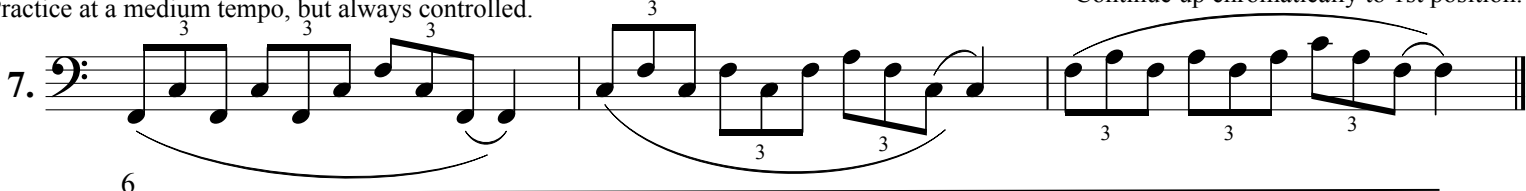




SCHLOSSBERG LIP SLURS

Practice at a medium tempo, but always controlled.

Continue up chromatically to 1st position.

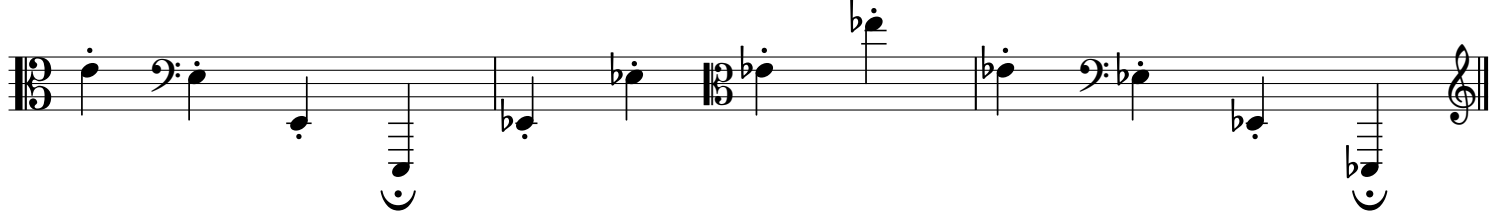
7. 

HIGH RANGE & ACCURACY BUILDER

Try to play with minimal embouchure movement. Can also be practiced slurred.

8. 

Continue chromatically until all notes on trombone are played.



BOLTER HIGH RANGE STRETCHER

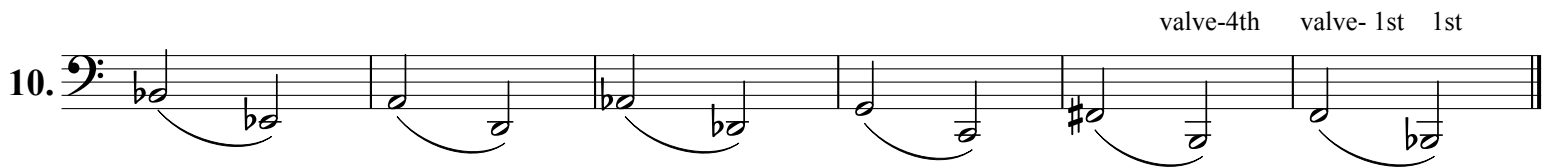
"Gliss." with embouchure between notes.

9. 

May continue higher if desired.

BOLTER RELAXER

Gliss. down to lower note and use "false tone," by bending the pitch. Do not use valve.

10. 

valve-4th valve- 1st 1st

LOW REGISTER

Play at comfortable dynamic/tempo to work on your low register emboucure shift (if you have one).

Play slurred and feel the in-between connection of air and embouchure.

11. 

Continue chromatically to BBb.

SOFT PLAYING

Arbans- pick 1 exercise from 11-27 (pp20-23). Striving for clear articulations and resonance. Play both long and seperated.

12. 

p



ARTICULATION- SCALE PATTERNS

Arban's- pick 1 exercise from 28-40 (pp24-26). Striving for even sound. Full-value quarters and halves. Clear and separated eighths.

13.

DOTTED RHYTHM STUDY

Arban's- pick 1 exercise from 13- 18 (pp33-35). Subdivide in eighths or sixteenths to ensure triplets are not played.

14.

STACCATO ARTICULATION

Arban's- pick 1 exercise from 19-27 (pp 35-38).

15.

SLIDE TECHNIQUE

Arban's- pick 1 exercise from 28-38 (pp39-43). Focus on a light tongue and smooth right hand.

Glide slide with wrist rather than stopping short.

16. 

TONGUE SLUR

Arban's Slur Study- Do not use alternates in order to keep notes on the same partial.

Fast and smooth slide, while blowing air steadily through slurred notes.

17. 

NATURAL SLUR

Arban's Slur Study- use all alternate positions when possible, in order to cross partial and create a natural slur.

Use "Da-ee-ah" syllables on slurred notes to help facilitate smooth transition.

18. 

DOUBLE TONGUE- SCALES

Arban's- pick 1 exercise from 1- 69 (pp63-78).


Practice double tongued slowly at first to work on slide coordination. Pick a different key each day.

19. 

CHROMATICS- TRIPLE TONGUE

Practice both single and triple tongued, with clear separation between notes.

Smooth slide- tonguing notes as you pass the position, not stopping the slide. Refer to Arban's (pp80-90) for more exercises.

20. 

INTERVAL TRAINING

Arban's- pick 1 exercise (pp126-134). Move embouchure minimally.

Always take a comfortable tempo, but build speed gradually.

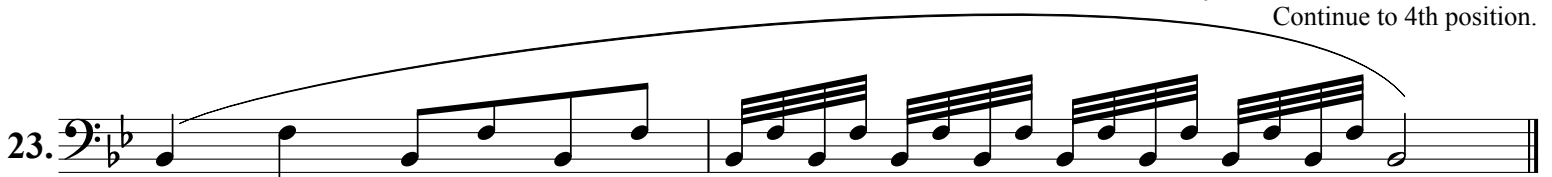
Continue, ascending chromatically for one full octave.

21. 

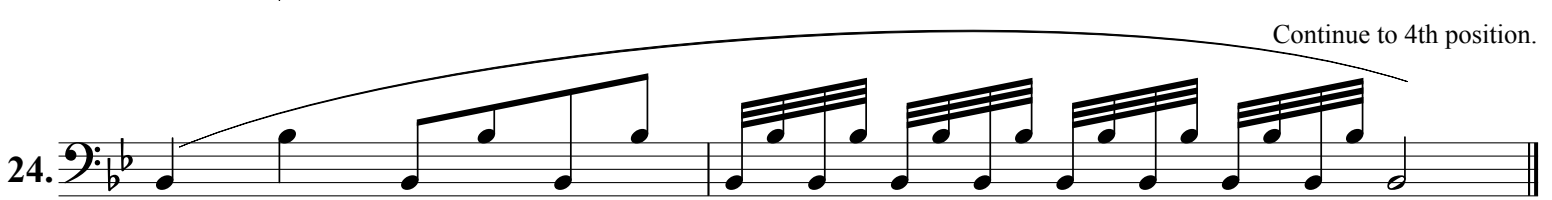
ADVANCED LIP-SLURS

22. 

Continue to 4th position.

23. 

Continue to 4th position.

24. 

Continue to 4th position.

25. 

Continue to 4th position.

THE TRILL

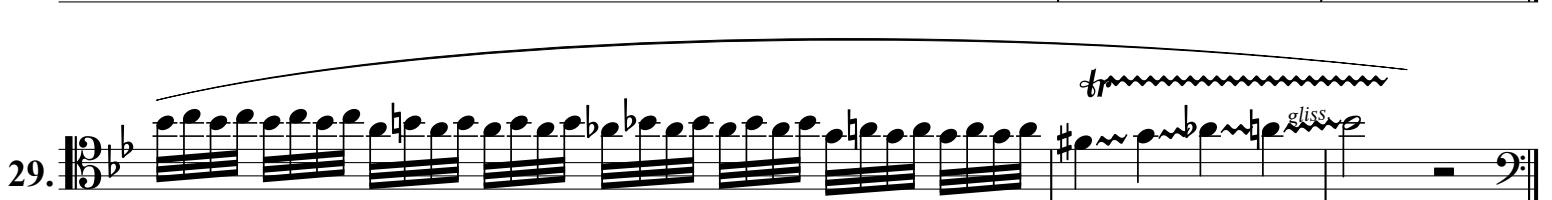
Allow enough jaw movement for flexibility and try using "ah-ee" syllables.

Gliss. last two measures while trilling.

26. 

27. 

28. 


29. 

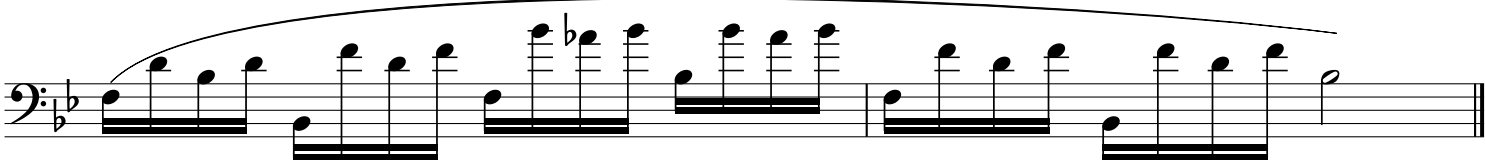
Continue higher, if desired.

FLEXUS LIP- SLURS

From trumpet etude book entitled, "Flexus."


30. 
Continue to 4th position or if desired, 7th.

31. 
Continue to 4th position or if desired, 7th.

32. 
Continue to 4th position or if desired, 7th.

COOL DOWN

May play slurred or tongued. Refer back to Bolter Relaxers on page 3 for additional cool downs.

33. 
Continue lower, if possible.
8vb

PUBLICATIONS USED:

- Joseph Alessi: Alessi Warm-Up (Alessi Music Studios Publication)
- Jean Baptiste Arban: Famous Method for Trombone (Carl Fischer)
- Norman Bolter: High Range Exercises (Air-ev Productions)
- Laurie Frink and John McNeil: Flexus: Trumpet Calisthenics for the Modern Improvisor (Gazong Press)
- Max Schlossberg: Daily Drills and Technical Studies for Trombone (M. Baron Company)